



## Amherst Soccer Club – Early Development Program – Spring 2009

Practice: Monday & Friday, 5:30-6:30 p.m., Upper Wilkins  
 (U10 teams will practice until 7:00 p.m. on Mondays)  
 Wednesday, 6:30-7:30 p.m., Front of Souhegan High School  
*size 4 soccer ball, cleats, shin guards, water, sunscreen, bug spray*

Games: Saturday, 1:00-2:00 p.m., Cemetery Field  
*red shirt, size 4 ball, cleats, shin guards, water, sunscreen, bug spray*

Reminders: Please **arrive 15 minutes before the start of each practice or game** for the kids to warm-up and greet their friends so that soccer can start on time. On Saturdays we appreciate help from parents with set-up too. Note, this schedule may change during the season.

On Monday, May 4, 11, 18 and June 1, please park at Wilkins School and walk up to the field so that the younger TOTS players, who practice 6-7 p.m., can use the upper parking lot next to the field.

Philosophy: We run multiple sessions per week because we understand that kids this age have many interests and may not be available for every training session. We use a set curriculum that builds on soccer basics as the season progresses and do encourage players to make as many sessions as possible. The sessions run exactly one hour and we strongly request that players do not arrive late as it hurts the organization of the group when numbers shift after breaking the kids into groups. Our goal is to help your player love the game and gain the skills needed to be successful going forward.

### April 2009

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
20	21	22 Season Starts Practice Front HS (6:15) 6:30- 7:30	23	24 Practice U. Wilkins (5:15) 5:30- 6:30	25 No Games	26
27 School Vacation	28	29 School Vacation	30			



## May 2009

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 School <u>Vacation</u>	2 <b>Vacation Practice Cemetery 1:00-2:00</b>	3
4 <b>Practice U. Wilkins (5:15) 5:30- 6:30</b> <i>(U10 until 7:00)</i> <b>Park @Wilkins Parent Meeting 5:30</b>	5	6 <b>Practice Front HS (6:15) 6:30- 7:30</b>	7	8 <b>Practice U. Wilkins (5:15) 5:30- 6:30</b>	9 <b>First Game Day Cemetery (12:45) 1:00-2:00</b>	10
11 <b>Practice U. Wilkins (5:15) 5:30- 6:30</b> <i>(U10 until 7:00)</i> <b>Park @Wilkins</b>	12	13 <b>Practice Front HS (6:15) 6:30- 7:30</b>	14	15 <b>Practice U. Wilkins (5:15) 5:30- 6:30</b>	16 <b>Games Cemetery (12:45) 1:00-2:30 vs Nashua, Merrimack</b>	17
18 <b>Practice U. Wilkins (5:15) 5:30- 6:30</b> <i>(U10 until 7:00)</i> <b>Park @Wilkins</b>	19	20 <b>Practice Front HS (6:15) 6:30- 7:30</b>	21	22 <b>Practice U. Wilkins (5:15) 5:30- 6:30</b> <i>(Non- tournament players have the day off)</i>	23 <b>Memorial Day Tournament</b>	24 <b>Memorial Day Tournament</b>
25 <b>Memorial Day Tournament</b>	26	27 <b>Practice Front HS (6:15) 6:30- 7:30</b>	28	29 <b>Practice U. Wilkins (5:15) 5:30- 6:30</b> <i>Bring a Friend</i>	30 <b>Games Cemetery (12:45) 1:00-2:00</b>	31



## June 2009

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>1</b> <b>Practice</b> <b>U. Wilkins</b> <b>(5:15) 5:30-6:30</b> <i>(U10 until 7:00)</i> <b>Park @Wilkins</b>	2	<b>3</b> <b>Practice</b> <b>Front HS</b> <b>(6:15) 6:30-7:30</b>	4	<b>5</b> <b>Practice</b> <b>U. Wilkins</b> <b>(5:15) 5:30-6:30</b>	<b>6</b> <b>Games</b> <b>Cemetery</b> <b>(12:45)</b> <b>1:00-2:30</b> <b>vs Nashua</b>	7
<b>8</b> <b>Practice</b> <b>U. Wilkins</b> <b>(5:15) 5:30-6:30</b> <i>(U10 until 7:00)</i>	9	<b>10</b> <b>Practice</b> <b>Front HS</b> <b>(6:15) 6:30-7:30</b> <i>Bring a Friend</i>	11	<b>12</b> <b>Practice</b> <b>U. Wilkins</b> <b>(5:15) 5:30-6:30</b>	<b>13</b> <b>Last Games &amp; End of Season Event</b> <b>Cemetery</b> <b>(12:45)</b> <b>1:00-2:00</b>	14