



## **Amherst Soccer Club – Early Development Program – Fall 2009**

- Practice:** 5:30-6:30, arrive at 5:15, (U10 practice until 7:00 on Wednesday)  
Monday, Wednesday, Friday at Upper Wilkins field (Jones Rd.)  
*size 4 soccer ball, cleats, shin guards, water, bug spray*
- Jamborees:** 1:00-2:00, arrive at 12:45  
(1:00-2:30 or 3:00 when other clubs come to play with us, dates TBD)  
Saturday at Cemetery field (Merrimack Rd. – near Rt. 122)  
*green shirt, size 4 soccer ball, cleats, shin guards, water, sunscreen, bug spray*
- Reminders:** Please **arrive 15 minutes before the start of each practice or game** for the kids to warm-up and greet their friends so that soccer can start on time. On Saturdays we appreciate help from parents with set-up too. Please note that this schedule may change during the season.
- Philosophy:** We run multiple sessions per week because we understand that kids this age have many interests and may not be available for every training session. We use a set curriculum that builds on soccer basics as the season progresses and do encourage players to make as many sessions as possible. The sessions run exactly one hour and we strongly request that players do not arrive late as it hurts the organization of the group when numbers shift after breaking the kids into groups. Our goal is to help your player love the game and gain the skills needed to be successful going forward.
- U10 Games:** Older (more advanced players) play in Granite State EDP League. These players' families are contacted by the club and each roster has a team manager. These games are on Saturday and Sunday and schedules can be found at:  
<http://www.granitestatesoccer.com/schedule/schedule.asp>

**SEPTEMBER 2009**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1	2	3	4	5	6
7 <b>Labor Day Holiday</b>	8	9 <b>Practice Upper Wilkins (5:15) 5:30- 6:30 (U10 until 7:00)</b>	10	11 <b>Practice Upper Wilkins (5:15) 5:30- 6:30</b>	12	13
14 <b>Practice Upper Wilkins (5:15) 5:30- 6:30 Parent Meeting 5:30</b>	15	16 <b>Practice Upper Wilkins (5:15) 5:30- 6:30 (U10 until 7:00)</b>	17	18 <b>Practice Upper Wilkins (5:15) 5:30- 6:30</b>	19 <b>Jamboree @ Cemetery (12:45) 1:00-2:00</b>	20
21 <b>Practice Upper Wilkins (5:15) 5:30- 6:30</b>	22	23 <b>Practice Upper Wilkins (5:15) 5:30- 6:30 (U10 until 7:00)</b>	24	25 <b>Practice Upper Wilkins (5:15) 5:30- 6:30</b>	26 <b>Jamboree @ Cemetery (12:45) 1:00-2:00</b>	27
28 <b>Practice Upper Wilkins (5:15) 5:30- 6:30</b>	29	30 <b>Practice Upper Wilkins (5:15) 5:30- 6:30 (U10 until 7:00)</b>				

**OCTOBER 2009**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2 Practice Upper Wilkins (5:15) 5:30- 6:30	3 Jamboree @ Cemetery (12:45) 1:00-2:00	4
5 Practice Upper Wilkins (5:15) 5:30- 6:30	6	7 Practice Upper Wilkins (5:15) 5:30- 6:30 <i>(U10 until 7:00)</i>	8	9 Amherst School Holiday <i>No Soccer</i>	10 Tournament (older players)	11 Tournament (older players)
12 Columbus Day Holiday Tournament (older players)	13	14 Practice Upper Wilkins (5:15) 5:30- 6:30 <i>(U10 until 7:00)</i>	15	16 Practice Upper Wilkins (5:15) 5:30- 6:30	17 Jamboree @ Cemetery (12:45) 1:00-2:00	18
19 Practice Upper Wilkins (5:15) 5:30- 6:30 <i>Bring a Friend</i>	20	21 Practice Upper Wilkins (5:15) 5:30- 6:30 <i>(U10 until 7:00)</i>	22	23 Practice Upper Wilkins (5:15) 5:30- 6:30	24 Jamboree @ Cemetery (12:45) 1:00-2:00	25
26 Practice Upper Wilkins (5:15) 5:30- 6:30	27	28 Practice Upper Wilkins (5:15) 5:30- 6:30 <i>(U10 until 7:00)</i>	29	30 Practice Upper Wilkins (5:15) 5:30- 6:30 <i>Bring a Friend</i>	31 End of Season Celebration and Last Jamboree @Cemetery (12:45) 1:00-2:00	