

## **Amherst Soccer Club – Early Development Program – Spring 2010**

**Philosophy:** We run multiple sessions per week because we understand that kids this age have many interests and may not be available for every training session. We use a set curriculum that builds on soccer basics as the season progresses and do encourage players to make as many sessions as possible. The sessions run exactly one hour and we strongly request that players do not arrive late as it hurts the organization of the group when numbers shift after breaking the kids into groups. Our goal is to help your player **love** the game and gain the skills needed to be successful going forward! For all players we have 4v4 on selected Saturdays. This season some of those weekends will be a jamboree format, and others we will be running a competitive 4v4 tourney. For players in our U10 pool we play in Granite State and travel. Our goal is to develop all of our players to be competitive travel soccer players with a long and successful career built on proper technique and understanding.

**Practices:** Monday, Wednesday & Friday, 6:00-7:00 p.m., Upper Wilkins **arrive 5:45**  
(U10 player pool will practice until 7:30 p.m. on Wednesdays)  
*size 4 soccer ball, cleats, shin guards, water, sunscreen, bug spray*

**EDP Games:** Saturday, 1:00-2:00 p.m., Cemetery Field - 4v4 jamborees and tourneys  
*green shirt, size 4 ball, cleats, shin guards, water, sunscreen, bug spray*

**Reminders:** Please **arrive 15 minutes before the start of each practice** for the kids to warm-up and greet their friends so that soccer can start on time. On Saturdays at Cemetery Fields we appreciate help from parents with set-up too and so 15 minutes prior is appreciated. Note, this schedule may change during the season.

**On Wednesday, May 5, 12, 19 and 26, please park at Wilkins School** and we will direct your player where to go. We will be sharing the fields that night with the TOTs program, who practice 5:30-6:30 p.m., and prefer they use the upper parking lot next to the field (small children).

## April 2010

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
12	13	14	15	16	17	18
U10 Teams may practice prior to first Granite State games – team managers will contact players.						
19 <b>Practice</b> U. Wilkins (arrive 5:45) 6:00-7:00	20	21 <b>Practice</b> U. Wilkins (arrive 5:45) 6:00-7:00 (U10 until 7:30)	22	23 <b>Practice</b> U. Wilkins (5:45) 6:00-7:00	24 No Jamboree	25
26 School Vacation	27	28 School Vacation	29	30 School Vacation	1 (May)	2 (May)

## May 2010

Monday	Tues	Wednesday	Thurs	Friday	Saturday	Sunday
3 <b>Practice</b> (5:45) 6:00-7:00 Parent Meeting 6:00	4	5 <b>Practice</b> (5:45) 6:00-7:00 Park @ L.Wilkins (U10 until 7:30)	6	7 <b>Practice</b> (5:45) 6:00-7:00	8 4v4 Tourney Cemetery (12:45) 1:00-2:00	9
10 <b>Practice</b> (5:45) 6:00-7:00	11	12 <b>Practice</b> (5:45) 6:00-7:00 Park @ L.Wilkins (U10 until 7:30)	13	14 <b>Practice</b> (5:45) 6:00-7:00	15 Jamboree Cemetery (12:45) 1:00-2:00	16
17 <b>Practice</b> U. Wilkins (5:45) 6:00-7:00	18	19 <b>Practice</b> U. Wilkins (5:45) 6:00-7:00 Park @ L.Wilkins (U10 until 7:30)	20	21 <b>Practice</b> U. Wilkins (5:45) 6:00-7:00	22 4v4 Tourney Cemetery (12:45) 1:00-2:00	23
24 <b>Practice</b> (5:45) 6:00-7:00	25	26 <b>Practice</b> (5:45) 6:00-7:00 Park @ L.Wilkins (U10 until 7:30)	27	28 <b>Practice</b> (5:45) 6:00-7:00 tournament	29 Memorial Day Tournament older kids	30 Memorial Day Tournament older kids

**June 2010**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>31 (May)</b>  <b>Memorial Day</b> <b>Tournament</b> <i>older kids</i>	1	<b>Practice</b> <b>(5:45)</b> <b>6:00-7:00</b> <i>(U10 until 7:30)</i>	3	<b>Practice</b> <b>(5:45)</b> <b>6:00-7:00</b> <b>Bring a Friend</b>	<b>Jamboree</b> <b>Cemetery</b> <b>(12:45)</b> <b>1:00-2:30</b>	6
<b>7</b> <b>Practice</b> <b>(5:45) 6:00-7:00</b>	8	<b>Practice</b> <b>(5:45)</b> <b>6:00-7:00</b> <i>(U10 until 7:30)</i>	10	<b>Practice</b> <b>(5:45)</b> <b>6:00-7:00</b>	<b>4v4</b> <b>Tourney</b> <b>Cemetery</b> <b>(12:45)</b> <b>1:00-2:00</b>	13
<b>14</b> <b>Practice</b> <b>(5:45)</b> <b>6:00-7:00</b>	15	<b>End of Season</b> <b>Event</b> <b>Upper Wilkins</b> <b>6-8 Families</b>	17	18	19	20